

November 2022

Tuesday 8th

09:30 - 11:30 Stretch, bend, pose, repeat
Yoga session with Guru Mark. BYO mat or do yoga in a chair

13:30 - 15:00 Play the hand you're dealt
Show off your card skills with Club Social

Thursday 10th

09:30 - 14:00 Switch on Seymour
Beauty and education: an outing to Laurieton's new shared space, includes a workshop on native trees. Meet at the Hub at 09:30, return c14:00 | transport provided | lunch at own expense

Friday 11th

09:30 - 11:30 Saunter in style
Explore the beautiful Wauchope area on foot with Mark. Meet at the hub at 09:30.

Tuesday 15th

09:30 - 11:30 Oh my quad! Exercise class.
Let's get the blood flowing and have fun.

13:30 - 15:00 It's a gnome fact!
Join Club Social for fun with pottery.

Thursday 17th

09:30 - 14:00 Shop the Ops and strut your wears
Hunt through local op shops and then show off your glad rags on The Hub's very own catwalk. Meet at the Hub at 09:30 | purchases and lunch at own expense

Friday 18th

09:30 - 11:30 To bocce, or not to bocce?
Today we'll indulge in some outdoor games in our beautiful garden, including bocce and finska.

Tuesday 22nd

09:30 - 11:30 Oh my quad! Exercise class.
Let's get the blood flowing and have fun.

13:30 - 15:00 Expand your mind
Join Club Social for a fascinating talk by a local.

Thursday 24th

09:30 - 14:00 Nothing's better than a picnic!
Help us christen the Hub's outdoor lounge area. Sandwich lunch provided.

Friday 25th

09:30 - 11:30 Demystifying technology
Join the first of our enlightening workshops and learn some handy smartphone tricks.

Tuesday 29th

09:30 - 11:30 Zumba with Magic Mel
Fancy moves and catchy tunes

13:30 - 15:00 Oh, sweet art
Sun, art, and tasty delights in our garden

December 2022

Thursday 1st

09:30 - 11:30 It's still a gnome fact
Finish your glorious pottery creations

13:30 - 15:00 Crunch your cranium
Join Club Social's brain teaser afternoon.

Friday 2nd

09:30 - 14:00 Green Thumb Friday! (Intergenerational project)
Let's celebrate summer and plant our Sensory Garden together with young locals.

Tuesday 6th

09:30 - 11:30 Oh my quad! Exercise class.
Let's get the blood flowing and have fun.

13:30 - 15:00 Serious about having fun.
Join Club Social for oodles of fun games

Thursday 8th

09:30 - 14:00 It's the season to sparkle!
Join us in sprucing up the Hub in honour of the festive season. We welcome all beliefs.

Friday 9th

09:30 - 14:00 Walking Talkies
We walk, we talk - it's the best way to exercise. Meet at the Hub at 09:30

Tuesday 13th

09:30 - 11:30 Zumba with Magic Mel
Fancy moves and catchy tunes

13:30 - 15:00 Serious about having fun.
Join Club Social for oodles of fun games

Thursday 15th

09:30 - 11:30 Creativity blossoms
Set your imagination free in our creativity shed

13:30 - 15:00 Club Green Thumb
Join Club Social in The Hub's Garden

Friday 16th

09:30 - 14:00 It's the season to sparkle!
Join us in sprucing up the Hub in honour of the festive season. We welcome all beliefs.

Tuesday 20th

09:30 - 11:30 Stretch, bend, pose, repeat
Yoga session with Guru Mark. BYO mat, or do yoga in a chair

13:30 - 15:00 Good food = good mood
Let's cook a feast together and celebrate the festive season.

Thursday 22nd

09:30 - 14:00 Nature awaits!
Join our outing to see the wildlife that abounds in Cattai Wetlands. Meet at the Hub at 09:30, return c14:00 | transport provided | lunch not included

Friday 23rd

10:00 - 15:00 Orphan Christmas
Adopt a family this year at our festive luncheon. We welcome all beliefs.